

# House Cleaning Checklist

---

## Daily

- Do laundry
- Put away clean clothes
- Clean up the kitchen
- Run dishwasher
- Tidy main living areas
- Children tidy their bedrooms
- Sort the mail
- Take out the trash
- Spot clean bathrooms
- Make beds
- Clean out school backpacks

## Weekly

- Throw out old food
- Wipe up spills in the fridge
- Vacuum all floors
- Clean bathrooms
- Wash towels and sheets
- Mop hard-surface floors
- Clean glass doors
- Spot clean windows and mirrors
- Tidy less-used living areas
- Water houseplants
- Grocery shop

## Monthly

- Clean out the fridge
- Dust
- Check and change vacuum filters
- Declutter an area
- Clean out your car
- Deep clean one bathroom a month
- Declutter school papers and paperwork
- Straighten items on bookshelves
- Sweep porches and patios

## Less often / as needed

- Declutter
- Switch out seasonal clothings
- Clean inside kitchen cupboards
- Clean the oven
- Clean the dishwasher
- Vacuum under couch cushions
- Move furniture and vacuum underneath
- Rotate mattresses
- Clean the garage
- Steam-clean carpets
- Wipe baseboards clean
- Dust blinds and wash curtains
- Dust lampshades and picture frames
- Dust ceiling fans
- Declutter and tidy storage spaces